

Learning Support



Critical thinking skills



Critical thinking is one of the most important skills in higher education.

It means questioning information instead of simply accepting it — analysing, comparing, and evaluating ideas before forming your own conclusions.



What is critical thinking?

Critical thinking is a process of actively analysing and evaluating information to make reasoned judgments.

It involves:

- Asking questions instead of accepting claims at face value
- Considering evidence from multiple perspectives
- Identifying assumptions, bias, and gaps
- Reaching conclusions supported by logic and evidence

Why it matters?

- · Helps you understand complex ideas more deeply
- Improves academic writing and argumentation
- Strengthens decision-making and problem-solving skills
- Prepares you for professional environments where evidencebased reasoning is key



Step-by-step: how to think critically

1 Ask good questions

Critical thinking starts with curiosity.

Try questions like:

- What is the main argument or claim?
- · What evidence supports it?
- · Who benefits from this idea?
- What assumptions are being made?
- What might be missing or ignored?

2 Evaluate sources and evidence

- · Check the credibility of the author and publication
- Identify whether evidence is empirical, theoretical, or opinion-based
- Look for data, citations, and peer-reviewed research
- Compare different perspectives on the same issue

3 Analyse arguments

Break arguments into parts: $claim \rightarrow evidence \rightarrow reasoning$.

Ask yourself:

- Does the evidence really support the claim?
- · Is there bias?

Example:

- Claim: "Automation improves guest satisfaction."
- **Evidence**: Customer surveys show shorter wait times.
- Reasoning: Shorter waits may improve satisfaction, but surveys don't show whether personal service quality declined.



4 Recognize bias and assumptions

- Everyone (including scholars) has perspectives that influence their conclusions.
- Check for language that signals opinion or bias ("clearly," "obviously").
- Ask: What is being assumed but not proven?
- Seek alternative explanations or counter-examples.

5 Draw balanced conclusions

- Weigh up all sides before deciding what you think.
- Use cautious language: "The evidence suggests...", "It is likely that..."
- · Support every conclusion with references or data.

Example: Applying critical thinking

Topic: Do loyalty programs really increase hotel profitability?

| Step n° | Argument analysis | Sample outcome |
|---------|--------------------|---|
| 1 | Identify the claim | Loyalty programs boost profits |
| 2 | Check evidence | Are results based on independent studies or internal reports? |
| 3 | Compare views | Some research highlights increased retention; other show high program costs |
| 4 | Evaluate reasoning | Does customer retention always equal profit? |
| 5 | Conclusion | Loyalty programs may improve retention but not always profitability – further evidence is needed. |



Tips & Tricks

- Be open-minded: Explore ideas that challenge your assumptions.
- Slow down your thinking: Avoid quick judgments reflect first.
- <u>Use "why?" and "how?" questions</u> often.
- <u>Write reflectively</u>: After reading or lectures, summarise what you agreed/disagreed with and why.
- <u>Practice daily</u>: Apply critical thinking to news, ads, and social media — not just coursework.





Bloom's taxonomy and critical thinking

| Level | Skill | Sample task |
|---------------|-----------------------|--|
| Remembering | Recall facts | Define key terms from the reading |
| Understanding | Explain ideas | Summarise the author's argument |
| Applying | Use knowledge | Apply theory to a case study |
| Analysing | Examine relationships | Compare two researchers' viewpoints |
| Evaluating | Judge quality | Assess whether evidence supports conclusions |
| Creating | Produce new ideas | Propose you own model or solution |



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